From: Conversations for Life info@conversationsforlife.co.uk

Subject: [Test] Announcing Two New Resources

Date: 20 May 2018 at 18:01 To: couragemary@me.com

Announcing two new resource-packs for educators and families

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The Conversations for Life™ Programme offers tools and inspiration for families, professionals and communities to start talking about end of life care now.

Dear Colleagues

A newsletter is long overdue for Conversations for Life. Thank you to those who've asked 'what's happening?'

In this edition

We are delighted to bring two new film discussion guides and toolkits designed to engage the public in starting this conversation-one for public educators and one for families and friends.

Based on proven tools used in our <u>nationally</u> <u>endorsed public health campaign</u> and workshops delivered with 11 NHS Trusts, these 'toolkits' are available to order now.

Continue to build on the fantastic conversations started during <u>Dying Matters Awareness Week</u> with these new resources, based on stories of the public speaking directly about why this conversation really matters.

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Community/Public Educator
Film Discussion Guide & Toolkit



We hope these help you to start or keep the conversation going within your family or community.

Click on the links below to see the full contents and pricing for each toolkit:

- 1. Community/Public Educator Film
 Discussion Guide & Toolkit
- Quotes from facilitators who've used these tools
- <u>Breaking the Silence</u> (DVD) with facilitator discussion guide
- Conversation Game Cards and instructions on using as a group exercise
- Participant handouts, including a 6 part conversation framework, action planning guide for participant next steps, and references to nationally endorsed resources
- Pre-Post surveys and sample evaluation

2. Self-Guided Toolkit for Individuals & Families

- <u>Breaking the Silence</u> (DVD) with selfguided questions
- Conversation Game Cards with Instructions for personal or family use
- 6-step process to clarify the Who, What,
 When, Why and How to start this
 conversation for your own future care, with a loved one, or as a family conversation.

Update from Conversations for Life

The work continues in new forms as we:

- Continue to develop and design resources that help you engage the public, staff and communities in end of life conversations and care;
- Publish new stories: Dying to Make a
 Difference, is now available here and on



Self-Guided Film &

Discussion Guide for

Individuals & Families



A Simple Tool

The Conversation Game is still one of the best tools we've found to help family members, staff and patients explore their quality of life wishes for the future. Many thanks to those who write telling us how helpful these have been to help identify and express what matters most. To learn more or to order, click here.



Amazon and Kindle. It shares Mary's personal journey that inspired Conversations for Life, and is now part of a growing movement to turn our collective stories into making a difference for our future care.

- We are presently bringing the experience of developing a wider awareness of end of life issues to a hospice-based community wide initiative in California.
- Our small but mighty team continues to support the website, orders and training and will be announcing training dates for the UK in our next newsletter.

The Conversations for Life Programme

Engages communities to talk about and plan for our future care now. Developed in 2006 by a healthcare educator and community facilitator to make it easier for staff and the public to start these critical conversations earlier, we provide consultancy, facilitation and materials that inspire more people to:

- explore and express their wishes while healthy,
- access local information and services about their future care over time,
- and ultimately achieve care for their last days of living in the communities in which they live.

Our integrated approach and materials

- Inspire the awareness of the need for these conversations based on lived experience of local people
- Engage everyone (staff, community leaders and the public) as part of the critically needed solution
- Connect community stakeholders in a facilitated process to identify assets and create community led solutions
- Bridge internationally proven tools and processes to achieve success



Dying to Make a Difference: Part memoir, part call to action, from the founder of Conversations for Life

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