

Requested by professionals attending our public and professional workshops

The Conversations for Life™ Programme
North West Workshops for Health, Hospice, and Social Care

"Simple Tools to Start Advance Care Conversations"

One day professional development workshop

£149 + VAT per participant

Without a doubt one of the best and most useful learning events I have been on. A year on and I still use the ideas and tools I learned with dementia patients and their families.

- RN Participant

As a professional I have considerable knowledge and experience, but this opened up ideas on how to engage people on conversations re: wishes.

- GP participant

What? A one day workshop for those who's work requires them to overcome the taboo of talking about death and dying in order to improve patient /client care

- Gain tools and tips for advance care conversations with your patients, families and staff in your team or organisation
- Explore your personal and professional beliefs and challenges around advance care conversations and planning
- Strengthen confidence and competence in talking with patients/clients about their wishes
- Support personal capacity for person-centred conversations and care
- Improve confidence to engage in these conversations with others in a positive way (personally or professionally)
- **Improve work practices**
- Leave with tools and tips to start or continue raising awareness amongst your team, 1:1 with patients, clients, carers and families in your service or community

100% of delegates agreed this workshop was useful to their work

Who is it for?

Health, Hospice, Social Care, Care Home and Community Staff or Educators wanting to increase personal and professional awareness, skills and confidence around end of life conversations and care.

Where and when?

To register your interest in upcoming events or book a workshop for your staff or organisation, contact us at: events@conversationsforlife.co.uk or

01539822343

Price includes:

- **Full day facilitation**, coffee/tea and lunch
- **Participant pack** including: handouts, sample "Breaking the Silence" DVD, The Conversation Game™ cards and nationally approved forms and guides



Facilitated by Mary Matthiesen, international healthcare educator, Founding Director of the Conversations for Life™ Programme and Stories to Change, CIC, and Project Lead 2009/2010 for NHS Cumbria Conversations for Life Programme

015398 22343

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BACKGROUND INFORMATION

If we can't talk about death and dying while we're living, improving care at the end of life is impossible.

– Mary Mathiesen, Director,
The Conversations for Life Programme

Conversations for Life™ Programme

The Conversations for Life™ programme encourages each of us to talk about wishes for our future care now. Based on the stories of real people, our trademarked materials and workshops offer a starting place for individuals, families and professionals to learn to break the taboo of talking about death and dying and partner in creating the care we want for the future.

Our programme shares the National End of Life Strategy goals to improve end of life care for all by equipping health and social care staff at all levels with the necessary skills to communicate with, and deliver care to people approaching the end of life, and their carers.

Workshops have been delivered nationally and internationally to members of the public and professionals alike

Our first community-wide public and professional awareness initiative in collaboration with NHS Cumbria received an endorsement by the National End of Life Care Programme. (www.cumbriaconversationsforlife.nhs.uk)

The Conversations for Life™ workshops, programmes and materials are now being made available to individuals, educators, professionals and communities across the UK under a not-for-profit social enterprise, Stories to Change, CIC.

100% of professional delegates stated the workshops have been beneficial to their work

97.5 % of our public workshop participants would recommend the Conversations for Life workshop to others

Register now to reserve your place at events@conversationsforlife.co.uk

OR

Contact us directly at info@conversationsforlife.co.uk:

- to enquire about our bespoke workshops for your organisation, or
- to register interest in our full facilitator training workshop series

The Conversations for Life™ programme is a licensed programme of Stories to Change, CIC. Fees for our programmes, products and services support the on-going work of our not-for-profit story-based awareness initiatives.

BOOK NOW TO RESERVE YOUR SPACE:

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