

Requested by professionals attending our public and professional workshops

## The Conversations for Life™ Programme Announces "Facilitator Workshop Series 1"

A weekend professional development retreat and workshop

£750 + VAT per participant



**What?** A 2.5 day retreat and workshop to support existing educator/facilitators to deliver either our 3- hour public workshop or our 6-part group discussion programme to groups in your area.

### Who is it for?

Experienced educator/facilitators with a personal passion to increase and facilitate public awareness around end of life conversations and care. This course is aimed at building upon the skill set of those with professional and personal awareness of end of life sensitivities, national approved definitions of advanced care planning, and basic familiarity with nationally approved forms and requirements. As public and professional trust of the experience of the Conversations for Life programme is paramount to its capacity to benefit people in the future, facilitators must be aligned and supportive of the principles and values of the programme. Space is therefore limited and 'Community Facilitator' status available upon acceptable completion of programme.

### What does it include?

Everything you need to deliver the pilot-tested, 3-hour community workshop including a modular breakdown of the workshop, facilitator practice and training, comprehensive facilitator manual, time for personal reflection and a beautiful environment to learn and share what works together.

### Where and when?

February 17<sup>th</sup>-February 19<sup>th</sup> 2011.

- This weekend training retreat will be held in the South Lakes/Cumbria from Thursday 3:00pm –Saturday at 4pm. Venue and accommodation details to follow.

### Price includes:

- **Full facilitation** and training by a team of experienced CFL educator/facilitators
- **Facilitator pack** including: Facilitator manual, participant workbook, timings, agendas, facilitation tools: sample "Breaking the Silence" DVD, The Conversation Game™ cards and nationally approved forms and guides and promotion materials.
- **Group dinner Thursday, coffee/tea breakfasts & lunch included each day.** (Dinner on your own in the Lakes on Friday night.)

### Contact us directly at [info@conversationsforlife.co.uk](mailto:info@conversationsforlife.co.uk):



- to register interest in our Facilitator Workshop Series 1 as an individual
- to enquire about our bespoke workshops for your organisation,


**Lead Facilitator** Mary Matthiesen, international healthcare educator, Founding Director of the Conversations for Life™ Programme and Stories to Change, CIC, and Project Lead 2009/2010 for NHS Cumbria Conversations for Life Programme

CONTACT US NOW TO RESERVE YOUR SPACE:

015398 22343

[www.conversationsforlife.co.uk](http://www.conversationsforlife.co.uk)

## BACKGROUND INFORMATION



**If we can't talk about death and dying while we're living, improving care at the end of life is impossible.**

– Mary Matthiesen, Director,  
The Conversations for Life Programme

### Conversations for Life™ Programme

The Conversations for Life™ programme encourages each of us to talk about wishes for our future care now. Based on the stories of real people, our trademarked materials and workshops offer a starting place for individuals, families and professionals to learn to break the taboo of talking about death and dying and partner in creating the care we want for the future.

**Our programme shares the National End of Life Strategy goals to improve end of life care for all by equipping health and social care staff at all levels with the necessary skills to communicate with, and deliver care to people approaching the end of life, and their carers.**

**Workshops have been delivered nationally and internationally to members of the public and professionals alike**

**Our first community-wide public and professional awareness initiative in collaboration with NHS Cumbria received an endorsement by the National End of Life Care Programme. ([www.cumbriaconversationsforlife.nhs.uk](http://www.cumbriaconversationsforlife.nhs.uk))**

**The Conversations for Life™ workshops, programmes and materials are now being made available to individuals, educators, professionals and communities across the UK under a not-for-profit social enterprise, Stories to Change, CIC.**

**100% of professional delegates stated the workshops have been beneficial to their work**

**97.5 % of our public workshop participants would recommend the Conversations for Life workshop to others**

**Contact us directly at [info@conversationsforlife.co.uk](mailto:info@conversationsforlife.co.uk):**

- **to reserve your space at one of our Autumn workshops**
- to enquire about our bespoke workshops for your organisation, or
- to register interest in our full facilitator training workshop series

**The Conversations for Life™ programme** is a licensed programme of **Stories to Change, CIC**. Fees for our programmes, products and services support the on-going work of our not-for-profit story-based awareness initiatives.

**BOOK NOW TO RESERVE YOUR SPACE:**

**015398 22343**

**[www.conversationsforlife.co.uk](http://www.conversationsforlife.co.uk)  
[events@conversationsforlife.co.uk](mailto:events@conversationsforlife.co.uk)**